

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|--|---|--|--|---|---|
|  <h1 style="color: red; font-family: serif;">October 2021</h1> <h2 style="color: black; font-family: sans-serif;">Activities at Hamilton Continuing Care Center</h2> | | | | | | 1 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Crosswords MDR 5:00 Dinner 6:30 Games MDR | 2 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Exercise MDR 3:00 Bingo MDR 5:00 Dinner |
| 3 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Movie MDR 5:00 Dinner | 4 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:30 Exercise/ Balloon Volley MDR 5:00 Dinner | 5 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Tea Party MDR 5:00 Dinner | 6 10:00 Bagels/ Croissants On a Cart 12:00 Lunch 2:00 Bingo 3:30 Jewelry Making MDR 5:00 Dinner | 7 10:30 Outdoors (Back Patio) 11:00 Rosary MDR 12:00 Lunch 2:00 Music by Lee MDR 5:00 Dinner | 8 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Word Games MDR 5:00 Dinner 6:30 Games MDR | 9 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Exercise MDR 3:00 Bingo MDR 5:00 Dinner | |
| 10 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Movie MDR 5:00 Dinner | 11 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:30 Exercise/ Balloon Volley MDR 5:00 Dinner <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small> | 12 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Tea Party MDR 5:00 Dinner Breast Cancer Awareness! Wear Pink Today! | 13 10:00 Dunkin Donuts On a Cart 12:00 Lunch 2:00 Outdoors (Back Patio) 5:00 Dinner | 14 10:30 Outdoors (Back Patio) 11:00 Rosary MDR 12:00 Lunch 2:00 Karaoke MDR 5:00 Dinner | 15 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Trivia MDR 5:00 Dinner 6:30 Games MDR | 16 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Exercise MDR 3:00 Bingo MDR 5:00 Dinner | |
| 17 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Movie MDR 5:00 Dinner | 18 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:30 Exercise/ Balloon Volley MDR 5:00 Dinner | 19 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Tea Party MDR 5:00 Dinner | 20 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Bingo MDR 3:30 Jewelry Making MDR 5:00 Dinner | 21 10:30 Outdoors (Back Patio) 11:00 Rosary MDR 12:00 Lunch 2:00 Music by Lee MDR 5:00 Dinner | 22 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Crosswords MDR 5:00 Dinner 6:30 Games MDR | 23 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Exercise MDR 3:00 Bingo MDR 5:00 Dinner | |
| 24 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Movie MDR 5:00 Dinner | 25 10:30 Coffee Club MDR Outdoors 12:00 Lunch 1:30 Resident Council MDR 2:30 Exercise/ Balloon Volley MDR 5:00 Dinner | 26 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Outdoors (Back Patio) 5:00 Dinner Breast Cancer Awareness! Wear Pink Today! | 27 10:30 Coffee Club MDR Outdoors 12:00 Lunch 2:00 Bingo MDR 5:00 Dinner | 28 10:30 Outdoors (Back Patio) 11:00 Rosary MDR 12:00 Lunch 2:00 Karaoke MDR 5:00 Dinner | 29 10:30 Outdoors (Back Patio) 12:00 Lunch 2:30 Halloween Costume Fashion Show & Celebration MDR 6:30 Games MDR | 30 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Exercise MDR 3:00 Bingo MDR 5:00 Dinner | |
| 31 10:30 Outdoors (Back Patio) 12:00 Lunch 2:00 Movie MDR 5:00 Dinner <small>Halloween</small> |  <p>Upon request, activity staff will facilitate courtesy phone/facetime/video calls & visits for residents and their families.</p> <p>Nominations for October Employee of the Month Are Due by October 31.</p> | | | | | | |